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About Us

We offer handcrafted dishes inspired by the latest trends and classic comforts brought to life by trained culinary professionals. We work with local partners to source local ingredients whenever possible. Our flexible services are customized for various events across the Appalachian community including executive leadership, university administration, academic departments, athletics, alumni, and student groups.

(828) 262-8011
catering.appstate.edu

Allergen Information

Please notify App Catering of any allergies when you place your order. We are able to accommodate vegetarian, vegan, and gluten sensitive diets for most menu items upon request for an additional charge.

Please use the following symbols throughout the menu for information regarding dietary restrictions.

(V+) Vegan | (V) Vegetarian | (GF) Gluten Friendly* 
(N) Contains Nuts* | (L) Locally Sourced

Please note that items made in App Bakery are at risk for contamination with nuts and gluten.
Beverages & Service
All breakfast packages include comprehensive service (linens and attendants), locally roasted coffee and accompaniments, orange juice, hot water, assorted tea bags, iced water, and compostable hot beverage to-go cups.

First Thing’s First
$5/person
TWO PASTRIES OF THE DAY (V)
Sunrise
$9/person
TWO PASTRIES OF THE DAY (V)
YOGURT (V)
Assorted yogurt cups
FRESH CUT SEASONAL FRUIT (V+) (GF)

Mountaineer
$11/person
TWO PASTRIES OF THE DAY (V)
YOGURT (V)
Assorted yogurt cups
HOUSEMADE BUTTERMILK BISCUIT (V) (L)
Local jellies (V) (L)
HOUSEMADE HOME FRIES (V+) (GF)
Seasoned red potatoes, peppers, and onions
SCRAMBLED EGGS or VEGETABLE FRITTATA (V) (GF)
Frittata made with seasonal vegetables and cheese
BREAKFAST PROTEIN
Choose one: bacon (GF), country ham (GF) (L), sausage (L), turkey sausage (L), vegan sausage (V+)
FRESH CUT SEASONAL FRUIT (V+) (GF)

Pastries of the Day
Made fresh in App Bakery
Breakfast pastries are served as a choice of two: muffins, housemade doughnuts, assorted bagels and cream cheese, sliced housemade breakfast bread, scones with clotted cream and jam, or butter croissants with jam.

It’s a Wrap
$9/person
BURRITO OR SANDWICH
Choose one
Breakfast burrito (egg, cheddar cheese, hashbrown, bacon, and salsa in a tortilla)
Ham and egg flatbread sandwich (ham, egg, cheddar cheese, and spicy honey sauce)
Egg white flatbread sandwich (spinach and turkey sausage)
FRESH CUT SEASONAL FRUIT (V+) (GF)

Enhancements
Additional protein $2.50/person
Pancakes (V) $2/person
French toast (V) $2/person
Omelette station (V) (GF) $3.50/person
Belgian waffle station with syrup & berries (V) $2.25/person
Housemade biscuit (V) (L) & gravy $1.25/person
Specialty eggs (boiled, scrambled, frittata) (V) (GF) $2/person
Biscuit sandwich (choice of breakfast protein) $2/person
Yogurt bar (strawberry and vanilla yogurt with fruit and granola) (V) $3.50/person
Fresh cut seasonal fruit (V+) (GF) $2/person

Vegetarian, vegan, and allergen friendly items are available upon request for most menu items.
(V+) Vegan | (V) Vegetarian | (GF) Gluten Friendly | (N) Contains Nuts | (L) Locally Sourced
These menus are priced packages with a minimum of 20 guests and include a buffet dessert and comprehensive service (linens and attendants).

**Sunrise Breakfast**
*Please see the breakfast menu for complete details*
- Two pastries of the day (V)
- Fresh cut seasonal fruit (V+) (GF)
- Yogurt (V)
- Assorted yogurt cups
- Breakfast beverages (V+) (GF) (L)

**Morning Break**
- Fresh seasonal whole fruit (V+) (GF)
- Housemade granola bars (V) (N)

**Lunch Packages**
*Please refer to the complete lunch menu for a detailed list of options*
- Plated or buffet entrée
  - or
- Choose one soup and salad
  - or
- Choose one salad and sandwich

**Afternoon Break**
- Fresh seasonal whole fruit (V+) (GF)
- Mixed nuts (V+) (GF) (N)
- Snack mix (V)

**All Day Beverages**
*Assorted sodas, iced water, locally roasted coffee, sweet and unsweet tea*

**Pricing**
- All day (breakfast, lunch, 2 breaks)
  - $32/ person
- Breakfast, Morning Break, Lunch
  - $27/ person
- Lunch & Afternoon Break
  - $20/ person

Vegetarian, vegan, and allergen friendly items are available upon request for most menu items.
Luncheons are served plated or as a buffet and include a standard beverage package (iced water, sweet and unsweet tea), a corresponding dessert, and comprehensive service (linens and attendants). All prices are listed per person.

Entrée Salads
For 20 guests or less choose one. For more than 20 guests, choose two. Served with fresh-baked yeast rolls (V).

MARINATED VEGETABLE SALAD (V)
$8 buffet/ $10 plated
Marinated seasonal vegetables, herbed goat cheese crumbles, housemade croutons, mixed greens, and Italian dressing

GRILLED CHICKEN SALAD (GF) (N)
$11.25 buffet/ $13.25 plated
Locally sourced grilled chicken breast, goat cheese, candied walnuts, dried cranberries, fresh greens, and housemade balsamic dressing

SESAME SOY CHICKEN (L)
$11.50 buffet/ $13.50 plated
Locally sourced marinated chicken breast, carrots, red cabbage, crispy wontons, mixed greens, and sesame ginger dressing

BRINE BEEF & BLEU CHEESE
$12 buffet/ $14 plated
Thinly sliced London broil, crumbled bleu cheese, grape tomatoes, housemade croutons, mixed greens, and bleu cheese dressing

SPINACH PECAN SALAD (V) (N) (GF)
$10.50 buffet/ $12.50 plated
Bleu cheese crumbles, strawberries, spiced pecans, tomatoes, spinach, and housemade balsamic vinaigrette

Lunch Entrées

LASAGNA
$12 buffet/ $14 plated
Caesar salad with lasagna bolognaise or lasagna mushroom florentine and garlic knots (increments of 9)

THE SOUTHWESTERN
$11 buffet/ $13 plated
Spicy southwestern beef, tempeh, locally sourced chicken, black beans, shredded lettuce, chopped tomatoes, onions, shredded cheddar cheese, jalapenos, sour cream, and salsa served with a choice of tortilla chips, hard taco shells or 6-inch flour tortillas

NOODLE BOWL
$12.85 buffet/ $14.85 plated
Rice noodles, lo mein, beef, locally sourced tofu, spiced lemongrass beef broth, Thai basil vegetable broth, shitake mushrooms, snow peas, bean sprouts, and scallions

GRAIN BOWL
$13.45 buffet/ $15.45 plated
Roasted chicken, locally sourced tofu, farro, quinoa, roasted seasonal cauliflower and squash, mushrooms, bell peppers, roasted peanuts, toasted garlic herb aioli, and cilantro vinaigrette

SOUTHERN FRIED CHICKEN (L)
$10.45 buffet/ $12.45 plated
With potato salad, braised greens, and housemade cornbread

CHILLED GRATIN SALAD
$12.25 buffet/ $14.25 plated
Locally sourced grilled chicken, grilled shrimp, harvest greens, tomatoes, cucumber, onion, feta, tortellini mushroom salad, and assorted dressings

Soups
For 20 guests or less choose one. For more than 20 guests, choose two. Served as a buffet for $7.50, plated for $9.50, or as an addition for $2.50, and includes a fresh baked yeast roll (V).

Broccoli cheese (V)
Chicken & wild rice
Chicken tortilla
Chili (meat (GF) or vegetable (V+) (GF))
Cuban style black bean
Garden tomato (V) (GF)
Old fashioned chicken noodle
Tomato & garden vegetable (V)
Tomato bisque (V) (GF)
Tomato tortellini (V)
Vegetable beef

Sandwiches
For 20 or less guests choose 2. For 20 or more guests choose 3. Buffet and plated sandwiches include housemade chips and a pickle spear. Please call for boxed lunch details.

BLT
$11 buffet or boxed/ $13 plated
Applewood smoked bacon, chipotle ranch, lettuce, sliced tomato, and sourdough

CUBAN STYLE
$11 buffet or boxed/ $13 plated
Sliced ham, Swiss cheese, pulled pork, pickles, mustard, and ciabatta

GRILLED VEGETABLE WRAP (V)
$12 buffet or boxed/ $14 plated
Roasted yellow squash, zucchini, mushrooms, grilled peppers, tomato, red pepper aioli, and white or wheat wrap

HAM & CHEESE
$12 buffet or boxed/ $14 plated
Black forest ham, brie, sweet and spicy mustard, and toasted sourdough

ROAST BEEF
$14 buffet or boxed/ $16 plated
Hot roasted beef, cheddar cheese, caramelized onion, horseradish, mayonnaise, and onion kaiser roll

SMOKED TURKEY MELT
$13 buffet or boxed/ $15 plated
Smoked turkey, provolone, avocado, bacon, basil mayonnaise, and sourdough bread

Vegetarian, vegan, and allergen friendly items are available upon request for most items

(V+) Vegan | (V) Vegetarian | (GF) Gluten Friendly
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COOKOUTS

Cookout entrées come with a choice of one side, a standard beverage package (iced water, sweet and unsweet tea), a dessert, and comprehensive service (linens and attendants).

SMOKEHOUSE PICNIC (L)
$13/ person
Choice of locally sourced chopped pork, whole chicken, or brisket served with a yeast roll, cole slaw, and vinegar and tomato based BBQ sauces

SOUTHERN FRIED CHICKEN (L)
$12/ person
With housemade cornbread

HAMBURGER & HOT DOG (L)
$9/ person
A quarter pound of locally sourced hamburger or Gardein burger (V+) (GF), with lettuce, tomato, onions, mayonnaise, ketchup, mustard and buns
Nathan’s all beef hot dogs or veggie dogs served with cole slaw, meat chili, and buns

SIDES
Additional sides are $1.80/ person
Housemade potato salad (V) (GF)
Housemade pasta salad (V)
Housemade potato chips (V)
Housemade cole slaw (V) (GF)
Mac and cheese (V)
Braised country green beans with ham hock (GF)
Baked beans (V+) (GF) (L)

POLICIES
To ensure employee safety and food quality, the customer must secure a rain location for outdoor cookout events. In consultation with event hosts, Food Services will make a decision to move the event to the rain location four hours before the start of the event.

A $75 on-site cooking charge will apply for the use of a grill or smoker (available from May 1 to September 30, weather permitting).

Vegetarian, vegan, and allergen friendly items are available upon request for most menu items.
Entrées

**CHICKEN**
$23 buffet/ $25 plated

**CHICKEN MONTICELLO (L)**
Locally sourced frenched chicken breast with herbed cream sauce

**SOUTHERN FRIED CHICKEN (L)**
Locally sourced frenched chicken breast marinated in buttermilk and spices, housemade cornbread

**PESTO GRILLED CHICKEN (L) (GF) (N)**
Locally sourced frenched chicken breast marinated in housemade pesto

**STEAK**
$26 buffet/ $28 plated

**STEAK GORGONZOLA (GF)**
10 oz. New York strip with bleu cheese cream sauce

**STEAK APPALACHIAN (GF)**
10 oz. New York strip with caramelized mushrooms and onions

**STEAK PROVENÇAL (GF)**
10 oz. New York strip topped with stewed tomatoes, onion, garlic, and fresh basil

Please note: other cuts of steak are available upon request with separate pricing

**SEA**

**GRILLED MARINATED SHRIMP (GF)**
$23 buffet/ $25 plated
Herb marinated and grilled to perfection

**BLACKENED SALMON (GF)**
$27 buffet/ $29 plated
Sautéed with lemon beurre blanc

**CRAB CAKE (GF)**
$30 buffet/ $32 plated
4 oz. Maryland-style lump crab with hollandaise sauce

**PLANT BASED**

**EGGPLANT LASAGNA (V+) (GF)**
$22 buffet/ $24 plated
Layered grilled eggplant and spinach with garlic-cauliflower purée, herbs, and sundried tomato sauce

**CURRY SQUASH (V+) (GF)**
$23 buffet/ $25 plated
Seasonal squash and coconut curry cream sauce

**ROASTED TOMATOES (V+) (GF)**
$22 buffet/ $24 plated
Filled with quinoa, onions, and herbs

Starch Sides
$1.80 per additional side
- Mashed potatoes (V) (GF)
- Roasted potatoes (V) (GF)
- Maple roasted sweet potatoes (V) (GF)
- Wild rice (V) (GF)
- Quinoa pilaf (V) (GF)
- Spiced farro (V)

Vegetable Sides
$1.80 per additional side
- Broccoli (V) (GF)
- Seasonal vegetable medley (V) (GF)
- Braised country green beans with ham hock (GF)
- Garlic sautéed French beans (V) (GF)
- Roasted cauliflower (V) (GF)
- Fresh buttered asparagus (V) (GF)
- Caramelized seasonal squash (V) (GF)

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HORS D’OEUVRES

Minimum of 20 people

**Served Hot**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>COCONUT SHRIMP</strong></td>
<td>$3/ person</td>
<td>Spicy peach dipping sauce</td>
</tr>
<tr>
<td><strong>BEEF TACO (GF)</strong></td>
<td>$3/person</td>
<td>Charred pineapple salsa and cilantro slaw</td>
</tr>
<tr>
<td><strong>CHICKEN WINGS (L)</strong></td>
<td>$3/person</td>
<td>Buffalo, garlic parmesan, sweet and sour, or BBQ sauce</td>
</tr>
<tr>
<td><strong>MEATBALLS</strong></td>
<td>$2/person</td>
<td>BBQ, Swedish, sweet and spicy</td>
</tr>
<tr>
<td><strong>HAM &amp; TURKEY DELIGHTS</strong></td>
<td>$2/person</td>
<td>Soft rolls, ham or turkey, swiss cheese and a poppy seed spread</td>
</tr>
<tr>
<td><strong>PIGS IN A BLANKET</strong></td>
<td>$6/person</td>
<td>Mustard and ketchup</td>
</tr>
<tr>
<td><strong>BUFFALO CHICKEN DIP (GF)</strong></td>
<td>$3/person</td>
<td>Shredded chicken, creamy Buffalo sauce, and tortilla chips</td>
</tr>
<tr>
<td><strong>DIM SUM SHRIMP</strong></td>
<td>$3/person</td>
<td>Crispy fried dumpling stuffed with shrimp and soy ginger sauce</td>
</tr>
<tr>
<td><strong>CRAB CAKES</strong></td>
<td>$6/person</td>
<td>Maryland-style crab and remoulade</td>
</tr>
<tr>
<td><strong>MUSHROOM TARTLETS (V+)</strong></td>
<td>$3/ person</td>
<td>Caramelized wild mushroom, garlic, herbs, and a crispy shell</td>
</tr>
<tr>
<td><strong>SPANAKOPITA (V)</strong></td>
<td>$3/ person</td>
<td>Spinach and feta cheese wrapped in crispy phyllo dough</td>
</tr>
<tr>
<td><strong>STUFFED MUSHROOM (V) (GF)</strong></td>
<td>$3/ person</td>
<td>Goat cheese and chive</td>
</tr>
<tr>
<td><strong>ASIAGO POTATO SOUFFLE (V) (GF)</strong></td>
<td>$3/ person</td>
<td>Roasted red bliss potato stuffed with creamy chive and asiago filling</td>
</tr>
<tr>
<td><strong>SOUTHWEST BLACK BEAN DIP (V) (GF)</strong></td>
<td>$3/ person</td>
<td>Stewed black beans, spices, and cilantro served with tortilla chips (can be served cold)</td>
</tr>
<tr>
<td><strong>SPINACH DIP (V)</strong></td>
<td>$3/ person</td>
<td>Creamy spinach and asiago cream cheese served with pita points (can also be served cold)</td>
</tr>
<tr>
<td><strong>SWEET POTATO CAKES (V+) (GF) (L)</strong></td>
<td>$2/ person</td>
<td>Sweet potato, black beans, and avocado coulis</td>
</tr>
<tr>
<td><strong>CHICKEN NUGGETS</strong></td>
<td>$3/ person</td>
<td>Breaded, white meat chicken nuggets and assorted sauces</td>
</tr>
</tbody>
</table>

**Served Cold**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>CHEESE STRAWS (V)</strong></td>
<td>$2/person</td>
<td>Cheddar cheese and cayenne spiced crisp</td>
</tr>
<tr>
<td><strong>HOUSEMADE HUMMUS (V+)</strong></td>
<td>$2/person</td>
<td>Pita points</td>
</tr>
<tr>
<td><strong>SHAVED ROAST BEEF</strong></td>
<td>$3/ person</td>
<td>Served on a bleu cheese rye crisp</td>
</tr>
<tr>
<td><strong>SMOKED SALMON BLINI (GF)</strong></td>
<td>$4/person</td>
<td>Mini buckwheat pancake and chive crème fraîche</td>
</tr>
<tr>
<td><strong>SHAVED PROSCUITTO (GF)</strong></td>
<td>$4/ person</td>
<td>Prosciutto wrapped mascerated melon with balsamic glaze</td>
</tr>
<tr>
<td><strong>SHRIMP COCKTAIL (GF)</strong></td>
<td>$4/ person</td>
<td>Poached shrimp and housemade cocktail sauce</td>
</tr>
<tr>
<td><strong>ASSORTED FINGER SANDWICHES</strong></td>
<td>$3/ person</td>
<td>Chicken salad (L), pimento cheese (V), and cucumber and cream cheese (V) on white bread</td>
</tr>
<tr>
<td><strong>RATATOUILLE CROSTINI (V)</strong></td>
<td>$3/ person</td>
<td>Squash, zucchini, garlic, tomato, and basil on toasted bread</td>
</tr>
<tr>
<td><strong>SIX LAYER DIP (V) (GF)</strong></td>
<td>$3/ person</td>
<td>Tomatoes, avocados, refried beans, sour cream, salsa, cheddar cheese, and tortilla chips</td>
</tr>
</tbody>
</table>

Vegetarian, vegan, and allergen friendly items are available upon request for most menu items.
Platters & Displays

CRUDITÉS PLATTER (V) (GF)
$4.50/ person
Assorted seasonal vegetables and housemade ranch dip

ROASTED VEGETABLE PLATTER (V+) (GF)
$5/ person
Assorted seasonal vegetables

FRESH CUT SEASONAL FRUIT (V+) (GF)
$3.50/ person
Fresh, sweet seasonal fruit

BRUSCHETTA DISPLAY (V)
$3/ person
Sliced bread, tomato basil relish, artichoke relish, and housemade hummus

HOT SMOKED SALMON DISPLAY
$9/ person
Whole salmon side, housemade horseradish cream sauce, and sliced bread

ASSORTED, FRESH-MADE SUSHI ROLLS
$63.99/ tray
Tray of shrimp, California, and vegetable rolls, serves 35

DOMESTIC CHEESE & FRUIT (V)
$4/ person
Chef's selection, seasonal fruit, and assorted crackers

IMPORTED CHEESE & FRUIT (V)
$7/ person
Chef's selection, dried fruit, nuts, and sliced bread

BAKED BRIE (V)
$60/ wheel
Wrapped in crispy puff pastry with raspberry coulis, serves 20

CARAMELIZED BRIE (V) (GF) (N)
$60/ wheel
Caramel sauce, spiced pecans, and sliced apples, serves 20

Action Stations

PASTA STATION (V)
$6/ person
Pasta with a choice of two sauces (marinara, Alfredo, pesto, creamy pesto)
Add chicken (L) $2/ person
Add beef $3/ person
Add shrimp $4/ person

STIR FRY STATION
$5/ person
Includes seasonal vegetables and Jasmine rice
Add chicken (L) $2/ person
Add beef $3/ person
Add shrimp $4/ person

Carving Station
Served with housemade yeast knot rolls (V)

SHALLOT HERB ROASTED BEEF TENDERLOIN (GF)
$20/ person
Mustard and horseradish cream sauce

SHALLOT HERB BASTED BEEF STRIPLOIN (GF)
$14/ person
Mustard and horseradish cream sauce

CIDER BRINED PORK LOIN (GF)
$4/ person
Pear mint chutney and spicy brown mustard

BROWN SUGAR AND BLACK PEPPER GLAZED HAM (GF)
$4/ person

HERB ROASTED TURKEY (GF)
$4/ person
Cranberry mustard and aioli

Vegetarian, vegan, and allergen friendly items are available upon request for most menu items.

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DESSERTS

Buffet

BUFFET (V)
Please note: a choice of one buffet dessert is included with a lunch or dinner buffet package.

Assorted cookies (chocolate chip, white chocolate macadamia (N), oatmeal raisin, sugar, peanut butter (N))
Brownies (plain, chocolate, iced, iced with pecans(N))
Rice krispie treats
Lemon bars
Pies (chocolate pecan pie (N), pecan pie (N), pumpkin pie, lemon chess pie, lemon cream pie, chocolate cream pie, german chocolate pie (N), coconut cream pie)

Reception

Custom dessert receptions can be built upon request.
Please call for pricing and details.
There is a minimum of 20 people.

Cakes (V)
Vanilla, chocolate, or marble cake with vanilla or chocolate butter cream frosting

<table>
<thead>
<tr>
<th>Half Sheet</th>
<th>Full Sheet</th>
</tr>
</thead>
<tbody>
<tr>
<td>$37.25 each</td>
<td>$54.75 each</td>
</tr>
<tr>
<td>serves 30-50</td>
<td>serves 50-100</td>
</tr>
</tbody>
</table>

Plated

TIER ONE (V)
Please note: a choice of one tier one dessert is included with a plated lunch or dinner package.

Chocolate pecan pie (N)
Pecan pie (N)
Pumpkin pie
LemonChess pie
Lemon cream pie
Chocolate cream pie
German chocolate pie (N)
Coconut cream pie

TIER TWO (V)
$2.20/ person upgrade

Chocolate mousse cake
Vanilla creme cake
Strawberry cake with cream cheese icing
Peanut butter mousse cake (N)

TIER THREE (V)
$3.40/ person upgrade

Carrot cake with cream cheese icing and caramel sauce (N)
Red velvet cake with cream cheese icing and chocolate sauce
Cheesecake (New York, chocolate, strawberry) with choice of chocolate, caramel or raspberry coulis on top
Pumpkin cheesecake with caramel sauce

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catering.appstate.edu 828-262-8011 catering@appstate.edu
## Beverages & Bar

### Add On Beverages
$1/ person
- Assorted canned sodas

$1.50/ person
- Sweet tea
- Unsweet tea
- Iced water
- Punch
- Lemonade
- Fresh Brewed Coffee
- Fresh Brewed Decaf Coffee

$2/person
- Choose two beverages from the list above

$2/ person
- Bottled water

### Snacks
$1.25/ person
- Mini pretzel gems (V)
- Snack mix (V)
- Mixed nuts (V+)(GF)(N)
- Popcorn (V)(GF)
- Goldfish crackers (V)

### Local & Domestic Beers
$5/ can
- Appalachian Mountain Brewery
- Blowing Rock Brewery
- Booneshine
- Bud Light

### White Wines
- Chardonnay
  - BV Coastal, $15/ bottle
  - Trefethen, $25/ bottle
- Sauvignon Blanc
  - BV Coastal, $15/ bottle
  - Cloudy Bay, $25/ bottle

### Red Wines
- Pinot Noir
  - BV Coastal, $15/ bottle
  - Maysara 3 Degrees, $25/ bottle
- Cabernet Sauvignon
  - BV Coastal, $15/ bottle
  - Austin Hope, $25/ bottle
COMMENCEMENT

This menu is available for order for fall commencement starting in November, and spring commencement starting in April. Minimum of 20 guests.

**Breakfast**

**SENIOR BREAKFAST**
- $12/person
- Pastry of the day (V)
- Ham biscuits (L)
- Sausage biscuits (L)
- Yogurt and fruit (V) (GF)
- Locally roasted coffee, hot tea, iced water, juice

**GRADUATE**
- $8/person
- Cheese and crackers (V)
- Housemade hummus and vegetables (V+) (GF)

**SUMA CUM LAUDE**
- $12/person
- Cheese and crackers (V)
- Housemade hummus and vegetables (V+) (GF)
- Cookies and brownies (V) (N)

**MAGNA CUM LAUDE**
- $18/person
- Assorted housemade finger sandwiches
- Assorted quiche
- Cheese and crackers (V)
- Fresh fruit (V+) (GF)
- Vegetables and housemade hummus (V+) (GF)
- Mini cupcakes (V)
- Pecan tassies (V) (N)

**Hors D’oeuvres**
- Includes iced water, sweet and unsweet tea

**Lunch**

**NOODLE BOWL**
- $12.85/person
- Rice noodles, lo mein, beef, locally sourced tofu, spiced lemongrass beef broth, Thai basil vegetable broth, shiitake mushrooms, snow peas, bean sprouts, and scallions

**CHILLED GRILLED SALAD**
- $12.15/person
- Locally sourced grilled chicken, grilled shrimp, harvest greens, tomatoes, cucumber, onion, feta, tortellini mushroom salad, and assorted dressings

**Beverage Enhancements**
- Locally roasted coffee
- Punch
- Lemonade

**SWEET CELEBRATION PACKAGE**
- $10.30/person
- Mini cupcakes (V)
- Pecan tassies (V) (N)
- Brownies (V)

**SWEET CELEBRATION PACKAGE**
- $10.30/person
- Mini cupcakes (V)
- Pecan tassies (V) (N)
- Brownies (V)

**SWEET CELEBRATION PACKAGE**
- $10.30/person
- Mini cupcakes (V)
- Pecan tassies (V) (N)
- Brownies (V)

Please note that items made in App Bakery are at risk for contamination with nuts and gluten. Vegetarian, vegan, and allergen friendly items are available upon request for most menu items.
Catering Order Requests
All requests for orders must be placed with the catering coordinator via email, phone call, or in person. Requests placed through email are not guaranteed until a catering coordinator confirms the order. Once confirmed, a catering coordinator will make contact to go over details including scheduling, planning and will gladly offer recommendations, and discuss payment options as necessary. A catering price quote will be provided to you 7 days in advance of your catered event, and charges will be applied to your budget code within 7 business days after the event. To ensure a successful event, please reserve your event date as soon as possible.

All catering orders must be placed at least one week in advance. For events exceeding 300 guests or events with menus designed by the chef, and not selected from our online catalogue, the order must be placed at least two weeks in advance.

A completed order will include menu choices and an estimated number of guests.

Guaranteed Minimum Guest Count
A guaranteed minimum number of guests must be provided to the catering coordinator by noon (12 p.m.), three business days prior to the event.

If your order is placed with insufficient notice, App Catering may be unable to accommodate your needs and you may be subject to additional charges.

Alcohol Policy
Service that includes alcoholic beverages will have additional requirements. The catering coordinator will provide you with the necessary forms and a copy of the University Alcohol Policy.

All alcohol service will be provided by Appalachian Food Services bartenders.

Bar service will be provided for $150 for up to 3 hours of service for one bartender, additional operational hours and bartenders will be charged an hourly rate.

Alcohol pricing will be based upon consumption.

Alcohol provided by an outside vendor will be charged a corkage and, or service fee depending on the event size.

Special Dietary Needs
It is essential that clients alert the catering coordinator of specific dietary needs during menu planning. App Catering is proud of its ability to accommodate guests, but in the event a dietary need cannot be met, App Catering will make every attempt to find an alternative solution.

A catering coordinator can reasonably guide clients in booking events and making menu selections which can accommodate their guests. In most instances, food allergies and intolerances can be managed, such as vegan, vegetarian diets, food allergies, or intolerances.

Disclaimer: App Catering makes every effort to mark food allergens and train staff appropriately; however, ingredients and nutritional content may vary. Manufacturers may change their product formulation or consistency of ingredients without App Catering’s knowledge, and product availability may fluctuate. Customers should also note that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

It is, therefore, ultimately the responsibility of the customer to judge whether or not to question ingredients or choose to eat selected foods.

If you have any questions regarding ingredients, please consult the catering office at 828-262-8011.

Linens/Decorations
China service may be requested or recommended for certain menus with an associated fee.

All a la carte and reception orders include the linens for buffet table(s) only. Any additional linens are not included in the reception and a la carte pricing, but can be added when placing your order with the catering coordinator for an additional fee.

Our Commitment To Sustainability
Food deliveries will be made in 100% compostable or recyclable containers with 100% compostable or recyclable service items. Additionally, beverages will be in recyclable cans or bottles.

Liability
In accordance with the Watauga County Health Department recommendations regarding food health and safety, all leftover food remains the property of the caterer and cannot be removed from the catered event space by the client. This policy is to limit the risk of foodborne illness due to improper handling or storage of leftover food items. All leftover food and drink will be disposed of by the caterer at the conclusion of the meal function.

Service Charge
A customary 18% service charge for on-campus delivery, disposable service ware, and standard labor is automatically added to the final bill. Additional fees may be incurred for items such as extra linen, actions stations, beverage service, off-campus delivery, or staff-intensive events. Please inquire with the catering coordinator about the house charge or additional fees.

Staffing
In order to achieve App Catering’s high standards for cuisine and service, staffing needs will be determined by the catering coordinator according to the type of event and guest count.

(continued on next page)
Our Service

"A note of thanks for everything App Catering did to make our dining etiquette seminar event a success. The team did an absolutely fantastic job and we were so impressed with them. We had such a great experience and I know our guests, as well as the students, really enjoyed the event."

- College of Business

"I have so much appreciation for the whole catering team. Twelve events in one week was a lot for me, but App Catering made App State look good! And, I received lots of appreciative comments."

- Conference and Camp Services

"A big thank you for working with us on our reception. The food was great and displayed beautifully! Staff coming in to be our bartender at the very last moment was all thanks to you. The event was well-attended and everyone enjoyed it."

- General Education